



Conscious Co-creating with MOLDING CLAY



This is merely a tool to assist you in becoming a more conscious creator of your own reality. We have been admonished to become as little children and we will be able to create the quality of life we desire.

LIFE IS WHATEVER YOU BELIEVE IT TO BE.

Jesus said: *“In my father’s house there are many mansions (states of consciousness) and I go before to prepare a place for you. You are being given the keys to the kingdom of God (your own powerful human imagination) and Jesus (your state of consciousness) has already prepared the way for you.*

The question remain: *Which mansion are you going to reside in?*



INSTRUCTIONS

- 1) *Write down your desires or wishes that you want to unfold in your life on a small piece of paper, maybe about four inches square.*
- 2) *Focus on those words for about a half an hour or so.*
- 3) *Roll that piece of paper into a ball.*
- 4) *Get some molding clay, or even Play-Doh, and create a ball about the size of a golf ball or a tennis ball, depending on what will fit into the size of your hand. You want to be able to place that ball of clay comfortably in your hands, so that you can squeeze it using just one hand, while having your other hand free to go about your daily business.*
- 5) *Put the ball of clay in your hands and focus on the words of that paper as you squeeze it. Do this for at least three hours, at the minimum, more if you would prefer.*
- 6) *Then forget about your desires and wishes that you wrote down on that paper and consciously release them to the universe, or the Divine, or to God, or to whatever you believe in or works best for you, with the confidence that IT WILL take care of manifesting those desires for you.*
- 7) *Then, after two weeks, you should see your desires manifest as you had written on that paper. Trust me, it works!*